

STUDENT SERVICES

COUNSELING, ADVISING, AND ACADEMIC PLANNING

Counseling

While attending college, students encounter a myriad of transitions in their lives. Issues that arise may include the following: homesickness, college life issues, past experiences, relationships, identity crisis, depression, anxiety, and/or time management difficulties. Often, professional assistance can help in easing the transition into college life. Navarro College employs counselors to provide services to the students for mental health wellness and mental health illness. Please note that all services are confidential, and off-campus mental health referrals may be necessary.

Advising and Academic Planning

Navarro College has a staff of College and Career Success Coaches (advisors) who help students make educational and career decisions, select courses, understand transfer requirements, and improve study skills. The Success Coaches (Advisors) can assist with career development and arrange for testing to identify the student's abilities, interests, values, and personality traits. For the student who intends to pursue a four-year program, Success Coaches (Advisors) can assist students in accessing online catalogs from colleges and universities of interest. Navarro College offers a full program of assessment and counseling to assist students in selecting appropriate educational and career directions. The Carl Perkins CTE Success Center and career and technical faculty are available to assist students who are uncertain about their career choices. The personnel in these offices have experience in business and industry and can give first-hand knowledge about various occupations. Whether it is with undecided majors, or with students who have chosen a career program, or with those who have selected a senior college to which they wish to transfer, Success Coaches and CTE Advisors work one-on-one to design a plan of objectives. This plan, called the degree plan, helps to assure that the student is on an educational path appropriate to his or her abilities and interests. A degree plan is required for all students. One of two "General Studies" degree plans may be utilized for students who have not chosen a major area of study.