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## STUDENT SERVICES

## COUNSELING, ADVISING, AND ACADEMIC PLANNING

While attending college, students may encounter a range of transitions and opportunities for growth, from homesickness to relationship complexities, identity exploration, and new academic demands. Recognizing the diverse nature of these experiences, the Bulldog Mental Wellness Center at Navarro College is dedicated to supporting students on their journey to mental well-being. Our team of skilled counselors offers professional assistance to address issues such as depression, anxiety, and time management difficulties, facilitating a smoother transition into the college environment. Committed to confidentiality, we create a safe space for students to explore and overcome challenges. Our goal is to foster mental health wellness, provide a resource for addressing mental health illnesses, and when needed, guide students to off-campus mental health referrals for comprehensive support.

Navarro College is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award associate and baccalaureate degrees. Navarro College also may offer credentials such as certificates and diplomas at approved degree levels. Questions about the accreditation of Navarro College may be directed in writing to the Southern Association of Colleges and Schools Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, by calling (404) 679-4500, or by using information available on SACSCOC's website (www.sacscoc.org).