

KINESIOLOGY

KINESIOLOGY - AS DEGREE PLAN

PROGRAM INFORMATION: The transfer curriculum shown below is designed for students who plan to pursue a degree in kinesiology at a senior college or university after completing their studies at Navarro College. Upon successful completion of the courses shown, the student will graduate with an Associate of Science Degree. If a student elects not to follow the recommended sequence, a success coach will help the student select courses needed to reach his or her educational goals.

FRESHMAN YEAR - FALL

Approved Life / Physical Science: [BIOL 2401](#) preferred

| COURSE SECTION | COURSE TITLE | CREDIT HOURS |
|---------------------------|-----------------------------------|--------------|
| ENGL 1301 | Composition I | 3 |
| X3XX | Approved Core US History | 3 |
| X4XX | Approved Life / Physical Sciences | 4 |
| X3XX | Approved Speech | 3 |
| MATH 1314 | College Algebra | 3 |
| Fall Total Credit Hours | | 16 |

FRESHMAN YEAR - SPRING

Approved Life / Physical Science: [BIOL 2402](#) preferred

| COURSE SECTION | COURSE TITLE | CREDIT HOURS |
|---------------------------|-----------------------------------|--------------|
| ENGL 1302 | Composition II | 3 |
| X3XX | Approved Core U.S. History | 3 |
| X4XX | Approved Life / Physical Sciences | 4 |
| KINE 1301 | Foundation of Kinesiology | 3 |
| KINE XXXX | KINE Elective | 1 or 3 |
| Spring Total Credit Hours | | 14 or 16 |

SOPHOMORE YEAR - FALL

| COURSE SECTION | COURSE TITLE | CREDIT HOURS |
|---------------------------|--|--------------|
| X3XX | Approved Core Government / Political Science | 3 |
| KINE 1338 | Concepts of Physical Fitness | 3 |
| X3XX | Approved Language / Philosophy / Culture | 3 |
| KINE 1308 | Sports Officiating | 3 |
| KINE X1XX | KINE Elective | 1 |
| XXXX | Approved Core Component Elective | 3 or 4 |
| Fall Total Credit Hours | | 16 or 17 |

SOPHOMORE YEAR - SPRING

| COURSE SECTION | COURSE TITLE | CREDIT HOURS |
|---------------------------|--|--------------|
| XXXX | Approved Core Government / Political Science | 3 |
| KINE 1306 | First Aid | 3 |

| COURSE SECTION | COURSE TITLE | CREDIT HOURS |
|----------------------------|--------------------------------------|----------------|
| KINE XXXX | KINE Elective | 1 or 3 |
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| X3XX | Approved Creative Arts | 3 |
| X3XX | Approved Social / Behavioral Science | 3 |
| Spring Total Credit Hours | | 14 or 16 or 18 |
| Program Total Credit Hours | | 60 |

This is a sample degree plan; students should consult catalog of senior institution they plan to attend since some requirements vary. Success Coaches are available to assist in this matter.

Navarro College is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award associate and baccalaureate degrees. Navarro College also may offer credentials such as certificates and diplomas at approved degree levels. Questions about the accreditation of Navarro College may be directed in writing to the Southern Association of Colleges and Schools Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, by calling (404) 679-4500, or by using information available on [SACSCOC's website](#).