

# KINESIOLOGY

## KINESIOLOGY - AS DEGREE PLAN

**PROGRAM INFORMATION:** The transfer curriculum shown below is designed for students who plan to pursue a degree in kinesiology at a senior college or university after completing their studies at Navarro College. Upon successful completion of the courses shown, the student will graduate with an Associate in Science Degree. If a student elects not to follow the recommended sequence, a counselor will help the student select courses needed to reach his or her educational goals.

### FRESHMAN YEAR - FALL

Approved Life / Physical Science: BIOL 2401 recommended

COURSE SECTION	COURSE TITLE	CREDIT HOURS
ENGL 1301	Composition I	3
HIST 1301	United States History I	3
XXXX	Approved Life / Physical Sciences	4
SPCH	Approved Speech	3
MATH 1314	College Algebra	3
Fall Total Credit Hours		16

### FRESHMAN YEAR - SPRING

Approved Life / Physical Science: BIOL 2402 recommended

COURSE SECTION	COURSE TITLE	CREDIT HOURS
ENGL 1302	Composition II	3
HIST 1302	United States History II	3
XXXX	Approved Life / Physical Sciences	4
KINE 1301	Foundation of Kinesiology	3
KINE	Approved KINE Activity	1
Spring Total Credit Hours		14

### SOPHOMORE YEAR - FALL

COURSE SECTION	COURSE TITLE	CREDIT HOURS
GOVT 2305	Federal Government	3
KINE 1338	Concepts of Physical Fitness	3
XXXX	Approved Language / Philosophy / Culture	3
KINE 1308	Sports Officiating	3
KINE	Approved KINE Activity	1
COSC 1301	Introduction to Computing	3
Fall Total Credit Hours		16

### SOPHOMORE YEAR - SPRING

COURSE SECTION	COURSE TITLE	CREDIT HOURS
GOVT 2306	Texas Government	3
KINE 1306	First Aid	3
KINE	Approved KINE Activity	1

COURSE SECTION	COURSE TITLE	CREDIT HOURS
KINE	Approved KINE Activity	1
XXXX	Approved Creative Arts	3
XXXX	Approved Social / Behavioral Science	3
Spring Total Credit Hours		14
Program Total Credit Hours		

*This is a sample degree plan; students should consult catalog of senior institution they plan to attend since some requirements vary. Counselors are available to assist in this matter.*