

# KINESIOLOGY

## KINESIOLOGY - AS DEGREE PLAN

**PROGRAM INFORMATION:** The transfer curriculum shown below is designed for students who plan to pursue a degree in kinesiology at a senior college or university after completing their studies at Navarro College. Upon successful completion of the courses shown, the student will graduate with an Associate of Science Degree. If a student elects not to follow the recommended sequence, a counselor will help the student select courses needed to reach his or her educational goals.

### FRESHMAN YEAR - FALL

Approved Life / Physical Science: BIOL 2401 preferred

COURSE SECTION	COURSE TITLE	CREDIT HOURS
ENGL 1301	Composition I	3
X3XX	Approved Core US History	3
X4XX	Approved Life / Physical Sciences	4
X3XX	Approved Speech	3
MATH 1314	College Algebra	3
Fall Total Credit Hours		16

### FRESHMAN YEAR - SPRING

Approved Life / Physical Science: BIOL 2402 preferred

COURSE SECTION	COURSE TITLE	CREDIT HOURS
ENGL 1302	Composition II	3
X3XX	Approved Core US History	3
X4XX	Approved Life / Physical Sciences	4
KINE 1301	Foundation of Kinesiology	3
KINE XXXX	KINE Elective	1 or 3
Spring Total Credit Hours		14 or 16

### SOPHOMORE YEAR - FALL

COURSE SECTION	COURSE TITLE	CREDIT HOURS
X3XX	Approved Core Government / Political Science	3
KINE 1338	Concepts of Physical Fitness	3
X3XX	Approved Language / Philosophy / Culture	3
KINE 1308	Sports Officiating	3
KINE X1XX	KINE Elective	1
XXXX	Approved Core Component Elective	3 or 4
Fall Total Credit Hours		16 or 17

### SOPHOMORE YEAR - SPRING

COURSE SECTION	COURSE TITLE	CREDIT HOURS
XXXX	Approved Core Government / Political Science	3
KINE 1306	First Aid	3

COURSE SECTION	COURSE TITLE	CREDIT HOURS
KINE XXXX	KINE Elective	1 or 3
KINE XXXX	KINE Elective	1 or 3
X3XX	Approved Creative Arts	3
X3XX	Approved Social / Behavioral Science	3
Spring Total Credit Hours		14 or 16 or 18
Program Total Credit Hours		60

*This is a sample degree plan; students should consult catalog of senior institution they plan to attend since some requirements vary. Counselors are available to assist in this matter.*

*Navarro College is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award associate and baccalaureate degrees. Navarro College also may offer credentials such as certificates and diplomas at approved degree levels. Questions about the accreditation of Navarro College may be directed in writing to the Southern Association of Colleges and Schools Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, by calling (404) 679-4500, or by using information available on SACSCOC's website ([www.sacscoc.org](http://www.sacscoc.org)).*